

Course Outline & Learning Objectives: Sexual Assault Prevention

Topics

Module Description

Learning Objectives

Module 1: Introduction

- Welcome Page
- Sexual Assault Prevention
- Your Voice, Your Experience
- Pre-Course Survey & Quiz
- Summary

The Introduction presents a high-level overview of the concepts that will be introduced in this course and establishes the importance of individual contributions to community safety.

- Recognize the importance of sexual assault prevention education by understanding the context of the problem of sexual assault on campus communities
- Recognize the significance of sexual assault for both individuals and the community

Module 2: Values, Identities & Relationships

- Introduction
- Who am I?
- Our Unique Identities
- Our Values
- Summary

This module leads the learner to reflect on their personal values, and how they shape their identity. It also explores how to respect people whose values may differ from their own.

- Analyze how they perceive their personal identities
- Recognize how values and identities influence and impact their relationships
- Explore the importance of being mindful of the values and identities of others

Module 3: Identities and Stereotyping

- Introduction
- Why are Gender Stereotypes Harmful?
- What can You do About Harmful Language?
- Title IX
- Local Resources
- Summary

In this module, learners reflect on their identities and personal values, and explore how these influence their perceptions of relationships and sexual violence. Learners will be introduced to Title IX and university policies that prohibit discrimination.

- Recognize when stereotypes are negatively impacting how we think about or treat someone
 - Explain the connection between gender stereotypes and personal responses to sexual violence
 - Identify the potential impacts of gender stereotypes as it relates to preventing sexual violence
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Module 4: Our Values and Relationships

- Introduction
- Healthy Relationships
- Relationship Abuse
- Federal and State Laws on Relationship Violence
- Resources
- Warning Signs of Digital Abuse
- Strategies to Stay Safe
- Summary

This module explores relationship abuse of various forms. Through several interactive scenarios, the learner is able to identify relationship abuse and practice safe and effective intervention strategies. The module also provides tips to keep learners safe, should they ever become targets of relationship abuse themselves, and contains a state-specific law concerning relationship violence.

- Recognize the dynamics of relationship abuse
- Identify warning signs of various forms of relationship abuse
- Implement safety strategies for targets of relationship abuse

Module 5: Consent, Coercion, & Bystander Intervention

- Introduction
- Consent: Part of Healthy Communication
- What does Consent Look Like?
- Understanding Consent
- Coercion
- What Does Sexual Coercion Look Like?
- Alcohol and Coercion
- State Law: Consent
- Federal and State Laws: Sexual Assault
- Party Intervention
- Taking a Closer Look
- Knowing When to Call 911
- Summary

This module introduces the concept of consent and its role in maintaining healthy relationships. It also introduces coercion, and the various forms coercive behavior may take. Through interactive scenarios, the learner practices identifying coercive behavior. Lastly, the learner explores multiple bystander intervention techniques, and state-specific laws concerning consent and sexual assault.

- Explore the role of communication in healthy relationships
 - Review examples of respectful conversation about sexual activity
 - Identify and implement bystander intervention techniques
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Module 6: Sexual Harassment & Stalking

- Introduction
- Sexual Harassment: Title IX
- Forms of Sexual Harassment
- Responding to Harassment
- Stalking
- Federal and State Laws: Stalking
- Summary

Learners will understand different forms of sexual harassment that are common in a higher education environment including verbal harassment and stalking. Learners will identify situations when additional help might be needed and strategies for bystander intervention. Finally, learners will review federal and state laws relevant to stalking.

- Recognize *quid pro quo* and hostile environment sexual harassment in a higher education environment
- Understand the impact of trauma, and how to offer a kind and helpful response to someone who may have experienced harm
- Recognize examples of stalking behavior
- Identify bystander intervention strategies

Module 7: Reporting & Responding

- Introduction
- Impact of Trauma
- How Identities May Impact Survivors' Experiences
- Responding to Survivors
- National Resources
- Student Engagement Survey
- Local Resources
- Reporting Options and Processes
- Federal and State Laws: Legal Protections
- Reporting Resources
- Summary

This module provides the learner with guidance on responding to disclosures using empathetic and active listening skills. It introduces the learner to various reporting options and the grievance process, and shares local and national resources.

- Identify ways to support someone who has experienced sexual violence, relationship violence, or stalking.
- Identify resources, supportive measures, and reporting options for someone who has experienced sexual harassment, including sexual or relationship violence, or stalking.
- Understand the grievance process that follows when a person files, or the Title IX Coordinator signs, a formal complaint alleging sexual harassment or violence.

Module 8: Conclusion

- Course Summary
- Post-Course Survey

This module includes a brief review of the course.

- Review content presented in course.
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